

Western Maryland

Allegany County

Crisis Line	Organization Western Maryland Health System
	Hotline 240-964-1399 (call this number for immediate crisis support)
	Hours Hotline operates 24/7
Support Group	Organization Villa Maria of Mountain Maryland This group is for anyone who has lost a loved one to suicide.
	Meeting Times Please call for meeting times.
	Contact Lisa Serfass 667-600-2118
	Address 308 Virginia Avenue Cumberland, MD 21502

Frederick County

Support Group	Organization Mental Health Association of Frederick County Adult group for suicide loss survivors. New members may join at any time but please call prior to attending for information.
	Meeting Times Second Monday of the month from 7 pm to 8:30 pm
	Cost None
	Contact Suzi Borg 301-663-0011 sborg@fcmha.org
	Address

	<p>226 S. Jefferson St Frederick, MD 21701</p> <p>Website www.fcmha.org/how-we-help/support-groups</p>
<p>Support Group</p>	<p>Organization Hospice of Frederick County Traumatic grief support group for those who have experienced the death of a loved one from a sudden traumatic death. The group is offered at various times throughout the year.</p> <p>Phone 240-566-3030</p> <p>Website www.hospiceoffrederick.org/Grief-Loss.aspx</p>
<p>Support Group</p>	<p>Organization Whole Heart Grief and Life Resource Center Offers support groups, one on one coaching, and a resource center for those grieving the loss of a loved one.</p> <p>Contact 866-393-5847 (call or text)</p> <p>Address 110 W. South St. Frederick, MD 21701</p>
<p>Crisis Line, Behavioral Health Service</p>	<p>Organization Mental Health Association of Frederick County Offers a walk-in behavioral health center for individuals to meet with crisis specialists. Walk-in services are free for all ages.</p> <p>Hotline 211 press 1 or 1-866-411-6803 (call this number for immediate crisis support)</p> <p>Hours Hotline operates 24/7 Walk-in services are Monday to Friday 12-8 pm; Saturday and Sunday 12-4 pm</p> <p>Address 226 S. Jefferson Street Frederick, MD 21701</p> <p>Website www.fcmha.org</p>

Washington County

Support Group	Organization Hospice of Washington County Survivors of Suicide Group
	Meeting Times Meeting are held during a 6 week session in the spring.
	Phone 301-791-6360
	Address 747 Northern Avenue Hagerstown, MD 21742
	Website www.hospiceofwc.org/grief-support/bereavement-services

Central Maryland

Anne Arundel County

Support Group	Organization The Chesapeake Life Center Offers grief counseling, grief support groups, family-centered grief support, and bereavement camps. Registration is required for all groups.
	Contact 410-987-2129 griefinfo@chesapeakelifecenter.org
	Address 90 Ritchie Highway Pasadena, MD 21122
	Website www.hospicechesapeake.org
Crisis Line	Organization Anne Arundel County Mental Health Agency
	Hotline 410-768-5522 (call this number for immediate crisis support)
	Hours Hotline operates 24/7. Mobile crisis team operates 10 am to 12 am from Sunday to Thursday and 10 am to 2:30 am on Friday and Saturday.

Baltimore County

Crisis Line

Organization

Baltimore County Crisis Response

Provides mobile crisis services, mental health urgent care appointments (clients seen within 48 hours), critical incident stress management, community education, and in-home intervention team.

Hotline

410-931-2214 (call this number for immediate crisis support)

Hours

Call center operates 24/7. Mobile crisis operates 10 am to 1 am 7 days a week.

Phone

410-931-2116

Website

www.thesantegroup.org/baltimore-county-crisis

Support Group

Organization

SEASONS Suicide Bereavement Support Group

The group is open for suicide loss survivors. New members may join at any time.

Meeting Times

Monthly on the third Tuesday of the month from 7:30 pm - 9:30 pm

Cost

None

Contact

John Buck or Linda Buck

410-683-0159

jbuckaroo@comcast.net

lindabuck@comcast.net

Address

St. Paul's Lutheran Church

Spangler Hall

1609 Kurtz Avenue

Lutherville, MD 21093

Organization

Art for Life

The group is intended for survivors of suicide loss and survivors of suicide attempts. The group is open and new members may join at any time but registration is required. Art skills are not necessary.

Support Group	<p>Meeting Times First Sunday of the month from 1 pm to 3 pm Third Sunday of the month from 1 pm to 3 pm</p> <p>Cost Suggested donation of \$20</p> <p>Contact Julia Andersen 410-627-9668 andersenjulia2@gmail.com</p> <p>Address Baltimore County Arts Guild 1101 Maiden Choice Lane Baltimore, MD 21229</p> <p>Website www.afsp.org</p>
Support Group	<p>Organization SOS Lighthouse New members may join at any time.</p> <p>Meeting Times First Tuesday of the month from 7:30 pm to 9 pm</p> <p>Cost None</p> <p>Contact Sharon Doughney 410-916-7175 sdoughney@gmail.com</p> <p>Chris Bogdan 410-245-4695 soslighthouse@yahoo.com</p> <p>Address St. John's Lutheran Church The Smith Building 8808 Harford Road Parkville, MD 21234</p>
	<p>Organization SOS Baltimore Support Group This group is open to all who have lost a loved one to suicide.</p>

<p>Support Group</p>	<p>Meeting Times Second and fourth Tuesdays of the month from 7:30-9 pm</p> <p>Cost None</p> <p>Contact sos@sosbaltimore.org</p> <p>Address Church of the Redeemer 5603 N. Charles St Baltimore, MD 21210</p> <p>Website www.sosbaltimore.org</p>
<p>Support Group</p>	<p>Organization Catonsville Suicide Loss Support Group This professionally facilitated monthly support group is for adults 18 and over who have lost a family member or close friend to suicide.</p> <p>Meeting Times One Wednesday a month from 6:30-8 pm. Please email for additional information.</p> <p>Cost \$15/person</p> <p>Contact annette@alaugel.com or sarahmontgomerylcswc@gmail.com</p> <p>Address Christian Temple 5820 Edmonson Ave Catonsville, MD 21228</p>

<p style="text-align: center;">Baltimore City</p>	
<p>Crisis Line</p>	<p>Organization Baltimore Crisis Response, Inc. Provides mental health and substance use information and referrals, supportive counseling, suicide crisis intervention, adolescent crisis intervention, and mobile crisis services.</p> <p>Hotline 410-433-5175 (call this number for immediate crisis support)</p>

	<p>Hours Call center operates 24/7. Mobile crisis operates 7 am to 12 am 7 days a week.</p> <p>Phone 410-433-5255</p> <p>Website www.bcreponse.org</p>
<p>Crisis Line</p>	<p>Organization Baltimore Child and Adolescent Response System Provides mobile crisis, emergency department diversion, community-based crisis services, urgent care clinic, short-term intensive individual/family therapy, psychiatric rehabilitation services, psychiatric assessment and medication management, and crisis response to Baltimore City Public Schools.</p> <p>Hotline 410-433-5175 (call this number for immediate crisis support)</p> <p>Hours Call center operates 24/7.</p> <p>Phone 667-600-2880</p> <p>Address 1118 Light Street Suite 200 Baltimore, MD 21230</p> <p>Website http://www.catholiccharities-md.org/bcars-baltimore-child-adolescent-response-system/</p>

Carroll County	
<p>Crisis Services</p>	<p>Organization Carroll County Crisis Services Offers crisis hotline, mobile crisis services, critical incident stress management, substance use services, and in-home intervention team.</p> <p>Hotline 410-952-9552 (call this number for immediate support)</p> <p>Hours Hotline and mobile crisis team operate seven days a week between 9:00 am and 12:00 am.</p>
	<p>Organization</p>

Support Group	<p>Teen Talk Teen Talk is a peer support group for teens in 8th-12th grade who have lost someone by suicide. The group will be facilitated by at least two adults trained by the American Foundation for Suicide Prevention. Pre-registration is required.</p> <p>Meeting Times Second Wednesday of every month from 6-7 pm</p> <p>Contact Lori Barnard-Lowe 240-674-4538 teentalk.westminster@gmail.com</p> <p>Address Carroll County Youth Services Bureau 59 Kate Wagner Road Westminster, MD 21157</p>
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Harford County	
Behavioral Health Service	<p>Organization Harford County Office of Mental Health Provides referrals and links to other community resources, such as inpatient treatment, mental health clinics, psychiatric rehabilitation, and case management.</p> <p>Phone 410-803-8726</p> <p>Address 2231 Conowingo Road Suite A Bel Air, MD 21015</p> <p>Website www.harfordmentalhealth.org/</p>
Crisis Line	<p>Organization Harford County Crisis Services Provides crisis counseling support, same-day evaluations and interventions, and peer coaches.</p> <p>Hotline 410-874-0711 or 1-800-NEXT-STEP (639-8783) (call these numbers for immediate crisis support)</p> <p>Hours</p>

	<p>Hotline and mobile crisis operate 24/7</p> <p>Website www.healthyharford.org/mental-health/harford-crisis-center</p>
Behavioral Health Service	<p>Organization Klein Family Harford Crisis Center Provides walk-in mental health and substance use urgent care and a crisis residential unit.</p> <p>Hours 7 days a week from 7 am - 7 pm</p> <p>Phone 410-874-0711 or 1-800-NEXT-STEP (639-8783)</p> <p>Address 802 Baltimore Pike, Suite A Bel Air, MD 21014</p> <p>Website https://harfordcrisiscenter.org/</p>

Howard County	
Crisis Line	<p>Organization Grassroots Crisis Intervention Services Provides call and chat crisis hotline, mobile crisis, walk-in counseling for individuals in need of immediate support, and short-term follow up.</p> <p>Hotline 410-531-6677 (call this number for immediate crisis support)</p> <p>Hours Hotline operates 24/7. Mobile crisis operates Monday to Friday 8 am to 11 pm and Saturday and Sunday 9 am to 11 pm.</p> <p>Address 6700 Freetown Road Columbia, MD 21044</p> <p>Website www.grassrootscrisis.org/services/crisis-intervention/</p>
	<p>Organization Compassionate Friends</p> <p>Meeting Times First Thursday of the month at 7 pm - 9 pm</p>

Support Group	Phone	410-356-3374
	Address	St. John’s Episcopal Church 9120 Frederick Road Ellicott City, MD 21042
		Meeting is in the auditorium. Look for the red double doors facing Frederick Avenue. Please note the chapter Facebook page for occasions when meetings are moved to Reflection Chapel.
	Website	www.TCFPatapscoValley.org
Support Group	Organization	Grassroots Crisis Intervention Center, Inc. Howard County Survivors Phone intake is required before attending the group. Location will be provided upon intake.
	Meeting Times	First and third Thursdays of the month
	Cost	None
	Contact	Amanda Ganoe 410-531-6677 amanda@grassrootscrisis.org
	Website	www.grassrootscrisis.org/services/crisis-intervention/

Southern Maryland

Calvert County	
Organization	Calvert County Behavioral Health Offers individual counseling (crisis and ongoing), peer support services, and psychiatric medication management. Walk-in or by appointment.

<p>Behavioral Health Service</p>	<p>Phone 410-535-3079</p> <p>Address 280 Stafford Road Barstow, MD 20610</p> <p>Website www.calverthealth.org</p>
<p>Support Group</p>	<p>Organization Calvert County Hospice Offers various grief support groups for adults and children throughout the year, individual grief counseling, and a summer bereavement camp for children ages 7-15.</p> <p>Meeting Times Please call for meeting times and locations.</p> <p>Cost Grief support groups have a registration fee of \$50. Need-based scholarships may be available. Individual grief counseling is \$35/session. Children’s summer bereavement camp has a registration fee of \$75.</p> <p>Phone 410-535-0892</p> <p>Website www.calverthospice.org/#</p>
<p>Support Group</p>	<p>Organization Compassionate Friends Southern Maryland</p> <p>Meeting Times Fourth Monday of each month at 7:30 pm</p> <p>Contact Carol Paschall 301-855-3068 capaschall@gmail.com</p> <p>Address Trinity United Methodist Church Rt. 231 East (Crossover Rt. 4) Prince Frederick, MD</p> <p>Website www.compassionatefriendssomd.com</p>

Charles County	
Hospital	<p>Organization University of Maryland Charles Regional Medical Center Provides emergency psychiatric services.</p> <p>Phone 301-609-4160</p> <p>Address 5 Garrett Avenue La Plata, MD 20646</p>
Behavioral Health Service	<p>Organization Charles County Department of Health Mental Health Services Offers individual, group, and family psychotherapy in a variety of approaches, as well as psychiatric evaluations, medication management, and an anger management program.</p> <p>Phone 301-609-6700</p> <p>Hours Monday to Thursday 8 am to 8 pm Friday 8 am to 5 pm</p> <p>Address 4545 Crain Highway White Plains, MD 20695</p> <p>Website www.charlescountyhealth.org/health-services/mental-health/</p>
Crisis Line	<p>Organization Operated by the Center for Abused Persons in Waldorf</p> <p>Hotline 301-645-3336 (call this number for immediate crisis support)</p> <p>Hours Hotline operates 24/7.</p>
	<p>Organization Compassionate Friends Southern Maryland Please call prior to attending.</p> <p>Meeting Times Third Monday of each month at 7:30 pm</p>

Support Group	Contact Janet Sutton 301-932-7335 tcf_somd@netzero.net Address Good Samaritan Presbyterian Church 13025 Good Samaritan Drive Waldorf, MD Website www.compassionatefriendssomd.com
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Montgomery County	
Support Group	Organization Jewish Social Service Agency (JSSA) Offers a support group for adult suicide loss survivors. Meeting Times Twice monthly on Monday evenings Cost None Contact 301-816-2708 elebedow@jssa.org Address 6123 Montrose Road Rockville, MD 20852 Website www.jssa.org/get-help/counseling-and-support/suicide-grief-support/
Support Group	Organization Jewish Social Service Agency (JSSA) Offers a support group for teen suicide loss survivors who are ages 13-17. Phone registration is required. Meeting Times Please call for meeting times Contact Heidi Cohen 301-610-8379

	<p>Address 200 Woodhill Rd Rockville, MD 20850</p>
<p>Support Group</p>	<p>Organization Caring Matters Support groups for adult survivors of suicide loss. Registration is required.</p> <p>Meeting Times Please call for meeting times.</p> <p>Contact Jim Rossi 301-990-0854 jimr@caringmatters.org</p> <p>Address 518 S. Frederick Avenue Gaithersburg, MD 20877</p> <p>Website www.caringmatters.org/adult-grief-support</p>
<p>Crisis Line</p>	<p>Organization EveryMind Provides call, text, and chat service for information, resource referrals, and crisis intervention.</p> <p>Hotline 301-738-2255 (call or text this number for immediate crisis support)</p> <p>Hours Hotline phone service operates 24/7. Text service operates 7 days a week from 12 pm to 12 am.</p> <p>Website https://www.every-mind.org/services/crisis/</p>
<p>Support Group</p>	<p>Organization EveryMind An eight-week support group for suicide attempt survivors. Open to those 18 or older.</p> <p>Meeting Times Please call or email for meeting times and locations.</p> <p>Cost None</p> <p>Contact</p>

Lorraine Helferich
301-738-8516
supportgroup@every-mind.org

Website
www.every-mind.org

Prince George's County

Organization
Circle of Love Suicide Support Group of Prince George's County

Meeting Times
Second Monday of the month from 7 pm to 8:30 pm

Cost
None

Support Group

Contact
William and Naomi Powell
240-460-1452 or 301-249-3836
suicidesupportgroup@gmail.com

Address
First Baptist Church of Highland Park
Education Building, Room 116
6801 Sheriff Road
Landover, MD 20785

Crisis Services

Organization
Prince George's County Crisis Services
Offers crisis hotline, mobile crisis services, urgent care appointments for mental health, critical incident stress management, substance use services, and an in-home intervention team.

Hotline
301-429-2185 (call this number for immediate support)

Hours
Hotline and mobile crisis operate 24/7. The in-home intervention team is by appointment only.

Phone
301-429-2183

St. Mary's County

Organization

Support Group	<p>MedStar St. Mary’s Hospital Hospice Bereavement Offers an 8-week widows’ support group and children’s bereavement summer camp for children ages 6-17.</p> <p>Meeting Times Please call for meeting times and locations.</p> <p>Cost None</p> <p>Phone 301-994-3078</p> <p>Website www.hospiceofstmarys.org/grief-support/</p>
Support Group	<p>Organization Grief Happens This is a grief support group for adults. Registration is required online.</p> <p>Meeting Times This group is offered four times a year on Wednesdays from 6-7:30 pm. Please contact for more information.</p> <p>Cost \$30</p> <p>Contact Melinda Ruppert 240-298-2442 melinda@melindaruppert.com</p> <p>Address 28095 Three Notch Rd Suite 2C Mechanicsville, MD 20659</p> <p>Website www.melindaruppertlpc.com</p>

Eastern Shore

Behavioral Health Service	<p>Organization Corsica River Offers crisis intervention, general mental health education, mobile treatment, urgent care appointments, walk-in, support groups, and dialectical behavior therapy (DBT).</p> <p>Contact 410-479-0511 corsicaclinic@crmhsinc.com</p> <p>Hours Tuesdays and Thursdays 8:30 am to 5 pm</p> <p>Address 322 N. Main Street Federalsburg, MD 21632</p> <p>Website www.crmhsinc.com/</p>
Crisis Line, Behavioral Health Service	<p>Organization For All Seasons, Inc. Provides outpatient mental health, psychiatric, education, and crisis services to English and Spanish speaking communities regardless of one's ability to pay.</p> <p>Hotline English: 1-800-310-7273 or 410-820-5600 Spanish: 410-829-6143 (call these numbers for immediate crisis support)</p> <p>Hotline Hours Hotline operates 24/7.</p> <p>Office Hours Monday to Friday 8 am - 4:30 pm</p> <p>Phone 410-822-1018</p> <p>Address 114 Market Street Suite 207 Denton, MD 21629</p> <p>Website www.forallseasonsinc.org</p>

Cecil County

Crisis Line	<p>Organization Eastern Shore Crisis Response and Resource Helpline Provides mobile crisis services, mental health urgent care appointments (clients seen within 24 hours), critical incident stress management, community education, in-home intervention services, and follow-up and services for up to one year following a referral and mobile crisis dispatch.</p> <p>Hotline 1-888-407-8018 (call this number for immediate crisis support)</p> <p>Hours Call center and mobile crisis operate 24/7.</p>
Support Group	<p>Organization Sunrise Suicide Grief Support Group Sunrise group is open to new members.</p> <p>Meeting Times Monthly the second Tuesday of each month from 7 pm to 9 pm</p> <p>Cost None</p> <p>Contact 410-658-2886 or 443-309-4579 mrmurray@zoominternet.net</p> <p>Address Shelemiah United Methodist Church 357 Old Bayview Road North East, MD</p>
Information and Referral	<p>Organization Cecil County Public Schools Community Resource Guide Baltimore Chapter Provides prevention, intervention, and postvention services and resources.</p> <p>Website https://www.ccps.org/cms/lib/MD01906418/Centricity/Domain/74/Community%20Resource%20Guide%202019-20.pdf</p>
	<p>Organization Upper Bay Counseling & Support Services Crisis intervention, mobile treatment team, psychoeducational groups, death and dying counseling, grief group, and art therapy.</p> <p>Contact 410-620-7161 info@upperbay.org</p>

Behavioral Health Service	Hours
	Monday to Thursday 8 am to 6 pm Friday 8 am to 3 pm
	Address
	1275-B W. Pulaski Highway Elkton, MD 21921 200 Booth St. Elkton, MD 21921
	Website
	www.upperbay.org

Dorchester County	
	<p>Organization Community Behavioral Health Counseling, support groups, psychoeducation, urgent care appointments, and psychiatric rehabilitation programs.</p> <p>Contact 844-224-5264 info@communitybehavioralhealth.net</p>
Behavioral Health Service	<p>Hours Monday to Thursday 8 am to 6 pm Friday 8 am to 5 pm</p> <p>Address 426 Dorchester Avenue Cambridge, MD 21613</p> <p>Website www.communitybehavioralhealth.net</p>
Behavioral Health Service	<p>Organization Corsica River Mental Health Services Offers crisis intervention, general mental health education, mobile treatment, urgent care appointments, and support groups.</p> <p>Contact 443-225-5780 corsicaclinic@crmhsinc.com</p> <p>Hours Monday to Thursday 8:30 am to 5 pm Friday 8:30 am to 3 pm</p>

	<p>Address 502 Poplar Street Cambridge, MD 21613</p> <p>Website www.crmhsinc.com/</p>
<p>Crisis Line, Behavioral Health Service</p>	<p>Organization For All Seasons, Inc. Provides outpatient mental health, psychiatric, education, and crisis services to English and Spanish speaking communities regardless of one’s ability to pay.</p> <p>Hotline English: 1-800-310-7273 or 410-820-5600 Spanish: 410-829-6143 (call these numbers for immediate crisis support)</p> <p>Hotline Hours Hotline operates 24/7.</p> <p>Office Hours Monday to Friday 8 am - 4:30 pm</p> <p>Phone 410-822-1018</p> <p>Address 208 Cedar Street Cambridge, MD 21614</p> <p>Website www.forallseasonsinc.org</p>
<p>Support Group</p>	<p>Organization Coastal Hospice and Palliative Care An open-ended grief group for anyone who has lost a loved one.</p> <p>Meeting Times Second and fourth Monday of the month at 3 pm</p> <p>Contact Breanne Carbaugh 717-572-9709</p> <p>Address 216 Dorchester Ave Cambridge, MD 21613</p>

Kent County

Organization
 Eastern Shore Psychological Services
 Offers psychiatric rehabilitation programs, counseling, support groups, death and dying counseling, psychoeducational groups, and substance use counseling.

Phone
 443-282-0102

Behavioral Health Services

Hours
 Monday 9 am - 6 pm
 Tuesday 9 am - 5:30 pm
 Wednesday 9 am - 7 pm
 Thursday 9 am - 6 pm
 Friday 9 am - 3:30 pm

Address
 315 High Street
 Suite 201
 Chestertown, MD 21620

Website
www.espsmd.com

Organization
 For All Seasons, Inc.
 Provides outpatient mental health, psychiatric, education, and crisis services to English and Spanish speaking communities regardless of one’s ability to pay.

Hotline
 English: 1-800-310-7273 or 410-820-5600
 Spanish: 410-829-6143
 (call these numbers for immediate crisis support)

Hotline Hours
 Hotline operates 24/7.

Office Hours
 Monday to Friday 8 am - 4:30 pm

Phone
 410-822-1018

Address
 516 Washington Avenue
 Chestertown, MD 21620

Crisis Line, Behavioral Health Services

	<p>Website www.forallseasonsinc.org</p>
Behavioral Health Service	<p>Organization Kent County Behavioral Health Outpatient Mental Health Center Offers crisis intervention, urgent care appointments, counseling, death and dying counseling, and school-based services for children.</p>
	<p>Phone 410-778-5783</p>
	<p>Hours Monday to Thursday 8 am to 6 pm Friday 8 am to 5 pm</p>
	<p>Address 300 Scheeler Road Chestertown, MD 21620</p>
	<p>Website www.kenthd.org</p>

Queen Anne’s County	
Behavioral Health Service	<p>Organization Community Behavioral Health Offers counseling, support groups, psychoeducation, urgent care appointments, and psychiatric rehabilitation programs.</p>
	<p>Contact 844-224-5264 or 888-509-0010 info@communitybehavioralhealth.net</p>
	<p>Hours Monday to Friday 8 am to 5 pm</p>
	<p>Address 142 Coursevall Drive Centreville, MD 21613</p>
	<p>Website www.communitybehavioralhealth.net</p>
	<p>Organization For All Seasons, Inc. Provides outpatient mental health, psychiatric, education, and crisis services to English and Spanish speaking communities regardless of one’s ability to pay.</p>
	<p>Hotline</p>

Crisis Line, Behavioral Health Service	<p>English: 1-800-310-7273 or 410-820-5600 Spanish: 410-829-6143 (call these numbers for immediate crisis support)</p> <p>Hotline Hours Hotline operates 24/7.</p> <p>Office Hours Monday to Friday 8 am - 4:30 pm</p> <p>Phone 410-822-1018</p> <p>Address 141 Log Canoe Circle Stevensville, MD</p> <p>Website www.forallseasonsinc.org</p>
Behavioral Health Service	<p>Organization Anne Arundel Counseling Offers urgent care appointments, death and dying counseling, support groups, and psychoeducational groups.</p> <p>Contact 410-768-5988 info@annearundelcounseling.com</p> <p>Address 633 Railroad Avenue Centreville, MD 21617</p> <p>101 Log Canoe Circle Suite C3 Stevensville, MD 21666</p> <p>Website www.annearundelcounseling.com</p>

Somerset County	
	<p>Organization Eastern Shore Psychological Services Provides psychiatric rehabilitation programs, counseling, support groups, death and dying counseling, and psychoeducational groups.</p> <p>Contact</p>

	<p>410-651-4200 infoprincessanne@espsmd.com</p>
Behavioral Health Service	<p>Hours Monday, Tuesday, Wednesday 8 am to 6 pm Thursday, Friday 8 am to 5 pm</p> <p>Address 11120 Somerset Avenue Princess Anne, MD 21853</p> <p>Website www.espsmd.com</p>

Talbot County

	<p>Organization Healing After a Traumatic Loss The group meets during a specific timeframe during the year. Please call for more information. Registration is required.</p> <p>Meeting Times Please call for meeting times and locations.</p> <p>Cost None</p> <p>Contact 410-822-6681 info@talbothospice.org</p> <p>Address Talbot Hospice 586 Cynwood Drive Easton, MD 21601</p>
Support Group	

	<p>Organization Corsica River Mental Health Services Provides crisis intervention, general mental health education, mobile treatment, urgent care appointments, walk-in, support groups, and dialectical behavior therapy (DBT).</p> <p>Contact 410-745-8028 corsicaclinic@crmhsinc.com</p> <p>Hours Tuesday 8 am to 4:30 pm</p>
Behavioral Health Service	

	<p>Wednesday by appointment only</p> <p>Address 933 S. Talbot Street St. Michaels, MD 21663</p> <p>Website www.crmhsinc.com/</p>
Behavioral Health Service	<p>Organization Eastern Shore Psychological Services Offers psychiatric rehabilitation programs, counseling, support groups, death and dying counseling, and psychoeducation groups.</p> <p>Contact 410-822-5007 infoeaston@espsmd.com</p> <p>Hours Monday to Thursday 8 am to 8 pm Friday 8 am to 6 pm Saturdays by appointment only</p> <p>Address 29520 Canvasback Drive Easton, MD 21601</p> <p>Website www.espsmd.com</p>
Crisis Line, Behavioral Health Service	<p>Organization For All Seasons, Inc. Provides outpatient mental health, psychiatric, education, and crisis services to English and Spanish speaking communities regardless of one's ability to pay.</p> <p>Hotline English: 1-800-310-7273 or 410-820-5600 Spanish: 410-829-6143 (call these numbers for immediate crisis support)</p> <p>Hotline Hours Hotline operates 24/7.</p> <p>Office Hours Monday to Friday 8 am - 4:30 pm</p> <p>Phone 410-822-1018</p>

	<p>Address 300 Talbot St. Easton, MD</p> <p>8221 Teal Dr. Suite 427 Easton, MD</p> <p>Website www.forallseasonsinc.org</p>
Behavioral Health Service	<p>Organization Balance Point Grief counseling, equine assisted psychotherapy, and hypnotherapy.</p> <p>Contact Brighton Laznovsky, CHT, LCADC, LCSW-C 443-786-2768 b.laznovsky@gmail.com</p> <p>Ann Wilson, LCSW-C 410-310-3403 annhwilson@gmail.com</p> <p>Hours By appointment only</p> <p>Address 408B N. Washington Street Easton, MD 21601</p>
Behavioral Health Service	<p>Organization Kim Chase, LCSW-C Death and dying counseling.</p> <p>Contact Kim Chase 410-725-6965 kimchase.associates@gmail.com</p> <p>Hours By appointment only</p> <p>Address 21 N. Hanson Street Suite 99D Easton, MD 21601</p> <p>Website</p>

<https://kim-chase-lcsw-c.business.site/>

Wicomico County

<p>Behavioral Health Service</p>	<p>Organization Eastern Shore Psychological Services Offers psychiatric rehabilitation programs, counseling, support groups, death and dying counseling, and psychoeducation groups.</p> <p>Contact 410-334-6961 infosalisbury@espsmd.com</p> <p>Hours Monday to Thursday 8 am to 7 pm Friday 8 am to 5 pm</p> <p>Address 1113 Healthway Drive Salisbury, MD 21801</p> <p>Website www.espsmd.com</p>
<p>Crisis Line</p>	<p>Organization Life Crisis Center</p> <p>Hotline 410-749-HELP (4357), 211, or 1-800-273-TALK (8255) (call these numbers for immediate crisis support)</p> <p>Hotline Hours Hotline operates 24/7.</p> <p>Website www.lifecrisiscenter.org</p>
<p>Support Group</p>	<p>Organization Life Crisis Center Offers an 8 week support group for suicide attempt survivors.</p> <p>Contact Donna Leffew 410-749-0771 ext. 114 dleffew@lifecrisiscenter.org</p> <p>Website www.lifecrisiscenter.org</p>
	<p>Organization</p>

Support Group	<p>Life Mark Offers a 7 week support group for those dealing with a death of a loved one.</p> <p>Meeting Times Please call for meeting times and locations.</p> <p>Cost Insurance is accepted Self-pay is \$40 per session</p> <p>Contact: Heather Radish or Janelle Beiler 443-859-8584 hradish@lifemark.pro</p> <p>Website www.lifemark.pro/group-sessions</p>
Support Group	<p>Organization Coastal Hospice & Palliative Care Grief support group open to anyone who has experienced the loss of a loved one. The group focuses on emotional support, grief education, and resiliency strategies.</p> <p>Meeting Times Fridays from 1 pm - 3 pm</p> <p>Contact Nicole Long 443-614-6142</p> <p>Address MAC Center 900 Progress Circle Salisbury, MD 21804</p> <p>Website www.coastalhospice.org/how-we-help/hospice-programs-help/bereavement-support/</p>

Worcester County	
<p>Organization Worcester County Health Department Offers crisis intervention, psychiatric mobile response teams, death and dying counseling, counseling, and psychoeducation groups.</p>	
Contact	

Behavioral Health Service	<p>410-629-0164 (Berlin) 410-957-2005 (Pocomoke City)</p> <p>Hours Berlin office: Monday to Friday 8 am - 5 pm; Thursday evenings and Saturdays by appointment only Pocomoke City office: Monday to Friday 8 am - 5 pm</p> <p>Address Berlin Health Department 9730 Healthway Drive Berlin, MD 21811</p> <p>Pocomoke Health Center 400A Walnut Street Pocomoke City, MD 21851</p> <p>Website: www.worcesterhealth.org</p>
Support Group	<p>Organization Worcester County Health Department and the Jesse Klump Memorial Fund Survivors of suicide support group.</p> <p>Meeting Times Third Wednesday of the month from 6 pm to 7:30 pm</p> <p>Cost Contact for information.</p> <p>Phone 410-629-0164</p> <p>Contact Kim Klump 410-726-3090 kak2522@yahoo.com</p> <p>Address 9730 Healthway Drive Berlin, MD 21811</p> <p>Website www.worcesterhealth.org</p>
	<p>Organization Life After Loss Support Group</p> <p>Meeting Times</p>

Support Group	Fourth Wednesday of the month from 5:30 pm to 7 pm
	Cost None
	Contact Gail Mansell 410-641-9725 gmansell@atlanticgeneral.org
	Address Atlantic General Hospital Conference Room 1 9733 Healthway Drive Berlin, MD 21811
	Website www.atlanticgeneral.org/events-calendar/event-details/?event=8009

Other

Statewide	
Peer Support	Organization American Foundation for Suicide Prevention Healing Conversations Program Peer support volunteers who are also suicide loss survivors provide support in person, by phone, or video call.
	Contact Aubrey Robinson 212-363-3500 ext. 2062 arobinson@afsp.org
	Website www.afsp.org/find-support/ive-lost-someone/healing-conversations/
Crisis Line	Organization Maryland's Helpline
	Hotline 211 press 1 or text 898-211
	Hotline Hours Hotline operates 24/7.

<p>Website www.211md.org</p>

Other Resources and Toolkits

Resource Guide	<p>Organization American Foundation for Suicide Prevention List of books for suicide loss survivors.</p> <p>Website www.afsp.org/find-support/ive-lost-someone/resources-loss-survivors/books-loss-survivors/</p>
Toolkit	<p>Organization Suicide Prevention Resource Center, Education Development Center, and American Foundation for Suicide Prevention</p> <p><i>After a Suicide: A Toolkit for Schools</i></p> <p>Website https://www.sprc.org/resources-programs/after-suicide-toolkit-schools</p>
Toolkit	<p>Organization A Higher Education Mental Health Alliance Project</p> <p><i>Postvention: A Guide for Response to Suicide on College Campuses</i></p> <p>Website http://hemha.org/wp-content/uploads/2018/06/jed-hemha-postvention-guide.pdf</p>
Fact Sheet	<p>Organization Maryland Suicide Prevention and Early Intervention Network (MD-SPIN)</p> <p><i>What Survivors of Suicide Want You to Know</i></p> <p>Website https://bit.ly/2xOnpMp</p>
Webinar	<p>Organization Maryland Suicide Prevention and Early Intervention Network (MD-SPIN)</p> <p><i>What Survivors of Suicide Want You to Know</i></p> <p>Website https://csmh.adobeconnect.com/pkxa9bhr2ajn/?proto=true</p>
Webinar	<p>Organization Maryland Suicide Prevention and Early Intervention Network (MD-SPIN)</p> <p><i>Postvention as Prevention: Supporting Suicide-Loss Survivors</i></p>

	Website https://www.youtube.com/watch?reload=9&v=Yh_wCiIQJYA&feature=youtu.be
	Organization American Association of Suicidology
Resources	<i>Books & Resources for Survivors</i>
	Website https://www.suicidology.org/suicide-survivors/suicide-loss-survivors